Ally’s list of trail stuffs – Highlight indicates I still need to buy

|  |  |  |
| --- | --- | --- |
| **Tent**Lightheart Solo[6 Inch Easton Aluminum](http://www.backcountrygear.com/easton-mountain-products-nano-tent-stakes.html?gclid=CKHi-6ihjcMCFXFo7AodilkAJQ)**Pack**Deuter [Z Packs Pack Cover](http://www.zpacks.com/accessories/pack_cover.shtml) | **Shoes**Merrell Moab Ventialator3 pairs socks (Merino wool – 1 heavier pair for cooler nights)Camp flip-flops, crocs, or water shoes  | **Sleep** Revelation sleeping quiltThermaRest ¾ length pad [http://www.zpacks.com/accessories/dry\_bags.shtml](http://www.zpacks.com/accessories/dry_bags.shtml%22%20%5Co%20%22Pillow%20Stuff%20Sack)[Ear plugs](http://www.zpacks.com/accessories/dry_bags.shtml%22%20%5Co%20%22Pillow%20Stuff%20Sack) ZPacks makes a nice stuff sack pillow |
| **First aid**Varied adhesive bandagesVaried gauze pads6 wound wipes2 bite/sting wipesNeosporinTylenol/advlBenadrylAntacidDuct Tape1 elastic bandageSunscreenEye dropslip balmBug sprayPepto pillsRX meds (BCP) | **Clothes*** O2 rain jacket
* 2 pair of Exofficio undies
* x2 UnderArmor Heat gear shirts (1 long, 1 short sleeve)
* 1 Underarmor heat gear compression shorts
* [Best Pants Ever](http://marmot.com/products/details/womens-scree-pant1%20camp%20T-shirt)
* 1 pair camp shorts
* Fleece Top
* Waterproof stuff sacks

**Clothes continued**FOR Anything but summer* 1 Underarmor cold gear shirt, 1 pair pants)
* Warm hat
* Down Jacket
* Wool Liner Gloves
* Wool Mittens
* Shell Mittens (Waterproof)
 | **Cooking**Esbit pocket stove\*\*6 fuel cubes (order more and have in box #1 to deliver)Spoon LONG1.1 liter pot w/ sackFuel bag Muglid/sip-it (strainer)friendPot cozy Bandana or pot grabberWaterproof matches\*\*Alternative – homemade alcohol stove w/ butane (Might be a better choice)**Food**Instant coffee bagsTrail mixProtein bars/SnickersMac n cheese (box)Lipton mealsTuna pouches with Mayo PacketsRamen noodlesBeef jerkyCheese and crackersWaterproof stuff sacks |
| **Grooming kit**CombWipesToothpasteToothbrushFlossSoapTowel (Cut a Small Camp towel into three pieces)Nail clippers | **Toilet bag**Folded tissue LighterTampons/LinersWipes | **Data kit**2015 Guidebook (Copy Pages you need)Journal (Smart Phone)Hiking schedule (Smart Phone)Phone numbers (Smart Phone)Map2 pens Powerstick charger |
| **Water**Aqua Mira1 Quart Gatorade Bottle20 Ounce Gatorade Bottle | **Light**Black Diamond headlamp w/ rechargeable batteries and USBMini-mag light  | **Random**Swiss Army knife (large and small blade, sawtooth blade, can opener w/ small screwdriver, bottle opener w/ large screwdriver, wire stripper, Phillips screwdriver, toothpick, tweezers, key ring)Cascade trekking polesBear canister (WHY?)Sunglasses Hat Bear spray (mace)Duct tapeWhistleBoot glueGPS SpotHand sanitizerCompassSmall trash bag (for trash) |
| **Bounce box stuff**RazorsPhone charger w/ plugExtra batteries | **Stuff to ship** |  |