

| AT Section Hike #ME1 | Androscoggin Valley (US Route 2) to Rangeley ME (ME Route 4) | |
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| | | |
| <u>Mileage</u> | <u>Landmark</u> | <u>Elevation</u> |
| | | |
| 0.0 | US Route 2 - Gorham | 760 |
| 0.1 | Cross RR tracks | 775 |
| 0.3 | Cross Androscoggin River on Leadmine bridge | 750 |
| 0.5 | Reach North Road and turn L onto Hogan Road | 760 |
| 0.8 | Cross Hogan Road and begin climb on Centennial Trail | 800 |
| 1.5 | Cross brook | 1350 |
| 3.6 | Eastern summit of Mt. Hayes | 2555 |
| 3.9 | X with Centennial Trail & Mahoosuc Trail. Turn R | 2550 |
| 4.6 | Possible water in pass between Cascade and Mt. Hayes | 1960 |
| 5.0 | Excellent views to the south | |
| 5.8 | Wooded summit of Cascade Mountain | 2631 |
| 6.9 | Spur trail 0.1 miles W to Trident Col Tentsite | 2020 |
| 7.9 | Trident Pass. Pass S of Page Pond | 2240 |
| 8.5 | Viewpoint 50 yards W from Wocket Ledge | 2780 |
| 9.2 | Cross upper branch of Peabody Brook | 2750 |
| 9.6 | X with Peabody Brook Trail | 2610 |
| 9.6 | Cross inlet brook of Dream Lake | 2610 |
| 11.1 | Pass northwestern shore of Moss Pond | |
| 11.4 | Pass southwestern shore of Upper Gentian Pond | 2530 |
| 11.8 | X with Austin Brook Trail | 2166 |
| 11.8 | Reach Gentian Pond Campsite & Shelter | 2166 |
| 13.2 | Cross small brook | 2500 |
| 14.6 | Open summit of Mt. Success | 3565 |
| 15.2 | X with Success Trail | 3170 |
| 16.5 | NH/ME State Line | 2972 |
| 17.0 | Carlo Col Shelter and Carlo Col Trail | |
| 19.2 | East peak of Goose Eye Mountain | 3790 |
| 20.4 | North peak of Goose Eye Mountain | |
| 21.4 | Full Goose Shelter | |
| 21.9 | South peak of Fulling Mill Mountain | 3395 |
| 22.9 | Mahoosuc Notch and Mahoosuc Notch trail | 2150 |
| 25.6 | Mahoosuc Arm - strenuous climb | 3770 |
| 26.5 | Speck Pond Shelter and trail | |
| 27.6 | Side trail to Old Speck Mountain and Grafton Loop Trail | 3985 |
| 31.1 | Maine Route 26 / Grafton Notch | 1495 |
| 33.4 | Baldpate Lean-To | 2660 |
| 34.2 | West peak of Baldpate Mountain | 3662 |
| 35.1 | East peak of Baldpate Mountain and Grafton Loop Trail | 3810 |
| 36.9 | Frye Notch Lean-To | 3280 |
| 40.6 | Dunn Notch | |